



Tellington *TTouch* Training®

TTouch for You and Your Horse
Crystal Lake, IL
June 2-4, 2017
Instructor: Linda Tellington-Jones

Training location:

June Pedersen's Castle Ridge Keep
8109 W. Hillside Rd
Crystal Lake, IL 60012
815-405-9424
crkjune@gmail.com
www.CastleRidgeKeep.com

Coordinator:

Tellington TTouch Training Inc.
1713 State Road 502 Santa Fe, NM 87506
Phone: 800-854-8326 Fax: 505-455-7233
kirsten@TTouch.com
www.TTouch.com

Local Contact:

Nancy Steinmeyer
815-334-8825
Nancy@NLSteinmeyer.com

Schedule:

Day 1: 9:30 AM - 5:30 PM
(Please arrive at 9:15 AM)
Day 2: 9:30 AM - 5:30 PM
Day 3: 9:30 AM - 4:30 PM

This clinic is limited to 18 participants - 8 Riders with a horse and 10 non-riders without a horse

Tuition:

Riders and horses: \$800.00 to be paid to the Tellington TTouch Office.

Non-Riders without bringing a horse: \$600.00 to be paid to the Tellington TTouch Office

A **\$300.00** deposit is due at the time of registration to hold a space in the class. The balance is due 30 days prior to the start of the training. **Please note, if you pay your deposit with a credit card, any balance due will automatically be charged to the same card thirty days before the class start unless you have already paid the tuition in full, or let us know that you wish to use a different method of payment.*

Three ways to Register:

- Online at www.ttouch.com select *Trainings & Workshops, Register for an Event*
- Mail a check to our office made payable to Tellington TTouch Training and note the course session in the memo line.
- Call our office to pay with your Visa, MasterCard, American Express, or Discover card

Tellington TTouch Training Cancellation Policy: Tellington TTouch Training reserves the right to cancel a session if necessary because of circumstances beyond our control or when enrollment is deemed insufficient. In this case all deposits, tuitions and the processing fees will be refunded.

We recommend that you purchase flight and hotel insurance for each event for which you register.

Tellington TTouch Training Participant Cancellation Policy: For cancellations made more than 30 days in advance of the training, a refund will be given minus a \$100 administration fee. No refunds are possible for cancellations less than 30 days prior to the start of the training. If you have to cancel, \$300 is nonrefundable but you may apply the rest of the deposit to another training that must be attended within one year of your cancellation date.

Meals: Water, coffee, tea and light snacks are provided during the day. You have the option of bringing your own lunch or you can **sign up and pay in advance for group lunch at \$10 per day with Nancy Steinmeyer.** Contact Nancy for more information at Nancy@NLSteinmeyer.com or 815-334-8825.

If you are traveling to the class:

Airport: Chicago O'Hare International Airport – approx. 60 miles away.
Milwaukee General Mitchell Airport – approx. 70 miles away.

Accommodations: Hotel Information for Castle Ridge Keep

Quality Inn

(866) 611-6769
1785 S Eastwood Dr.
Woodstock, IL 60098

Super 8 Woodstock

(815) 337-8808
1220 Davis Rd
Woodstock, IL 60098

Holiday Inn Express Hotels

(815)-334-9600
1785 S Eastwood Dr.
Woodstock, Il 60098

Best Western Woodstock, Inn

(many people have had a positive experience staying here)
(877)-574-2464
900 Lake Ave
Woodstock, Il 60098

Host Farm Castle Ridge Keep:

8109 W. Hillside Rd, Crystal Lake, Il 60012.

Castle Ridge Keep is located about 10 minutes from the hotels listed above.

If you need help with directions please contact Nancy, Nancy@NLSteinmeyer.com or Phone: 815-334-8825

Riders bring your own horse to the training: Riders who wish to bring their own horse must let us know in advance and register as soon as possible as horse space is limited to eight. To register your horse online, go to www.ttouch.com, select *Trainings & Workshops*, then select *Register Your Horse*.

Vaccination requirements: (4 weeks prior to clinic):

Eastern & Western encephalitis, Tetanus, WNV, flu and rhino.
Horses should also be current with deworming.

Board:

There will be up to 8 stalls available.
\$25 per day per horse/stall (payable to Castle Ridge Keep at time of arrival at the farm)
Please bring your own hay and grain!!
Fees include bedding and cleaning by CRK.

Equipment:

TTEAM Wand, 4' White Dressage Whip
TTEAM Lead with 28 chain or Zephyr lead.

The wand and lead are essential items for a TTEAM training. If you have them, bring them with you. If you do not have a wand and lead, they will be available for sale at the clinic.

If you have any other TTEAM equipment, i.e., TTEAM driving lines, Balance Rein, Lindell, or ace bandages, it would very helpful to have them on hand. Please be sure your items are well marked for easy identification.

Equipment, videos and books will be available for purchase.

Suggested Reading:

Before attending the training we suggest you read Linda's book, *The Ultimate Training and Behavior Book* and that you view the DVD Solving Riding Problems With TTEAM, From the Ground. If you purchase a second TTEAM video or DVD of your choice prior to the training, you will receive 50% off that video. These items may be purchased on our web site www.ttouch.com or call to place your order at 866-813-8169

Clinic description:

This is an opportunity to ride with Linda Tellington-Jones and learn her unique blend of training, groundwork and bodywork. Besides the techniques she uses in and out of the saddle to help horses and riders work together in harmony, Linda will teach riders how to develop a balanced seat using exercises from the US Cavalry. Riders will work individually and in groups, using the same quadrille formations and small obstacle courses Linda first taught at her Pacific Coast Equestrian Research Farm and School of Horsemanship in the sixties. The school's program and its successes are detailed in the book *Strike a Long Trot*.

This is a great workshop for riders of all disciplines. The creator of the Tellington TTouch method, Linda has ridden, taught, competed or held clinics in endurance, dressage, eventing, jumping, and western riding. She is the author of *Dressage with Mind, Body & Soul*, *The Ultimate Horse Behavior and Training Book* and several other books available at www.ttouch.com.

While only eight participants with their own horses ride, all participants in the training get to practice TTouch and the groundwork on the horses. So if you are interested in participating, sign up early.

Why Should You Attend?

- To enhance, repair or deepen your relationship with your horse.
- To improve your horse's rideability and performance without stress using holistic and humane groundwork, bodywork and ridden work from the Tellington Method and Tellington TTouch Training.

- To create a long-term training program that will help you develop a horse that is confident, willing, mentally and physically healthy, and capable of meeting your training goals regardless of discipline.
- To learn how to transform your horse with the Tellington twin philosophies of Change Your Mind & You Can Change Your Horse and Change the Posture and Change the Behavior.

Who Should Attend?

Professionals and amateurs of every level and from all disciplines can benefit from learning this training philosophy and methodology devoted to working with horses with empathy down to the cellular level rather than force. Linda's approach focuses on working with horses' minds and intelligence as much as with their body. The same can be said of her work with riders.

The second T in T-Touch stands for Trust and building trust is what we aim for foremost as it is the foundation on which everything else rests. With trust, horses learn how to achieve enhanced levels of physical, mental and emotional balance.

In the 1980s, Equus dubbed Tellington TTouch Training "The Touches That Teaches". Participants will learn how to see and embrace their horse as an individual and through observation, patience and TTouch, find the best ways to teach and assist in its training.

What Will You Learn?

On day one, participating horses and riders will be assessed under saddle to determine which of the TTouch "Playground for Higher Learning" exercises and riding equipment can be helpful.

Over the course of the next two days Linda will teach specific touches and techniques appropriate to each horse's situation. Linda will work with the riders in the saddle using group exercises and Tellington TTouch tack to work on independent rider balance and solve individual equitation challenges.

The training participants will be broken into small groups and will practice with the horses under Linda's close supervision and with the help of her long-time team of instructors.

Participants will learn how to identify, soothe and resolve discomfort in horses bodies using TTouch, how to help horses develop better patience, balance and suppleness as well as increase their confidence and self reliance using the Tellington special ground exercises called the Playground for Higher Learning. They will find out why, when and how to enhance their horse's performance under saddle with the Promise Wrap, Liberty Ring, Balance Rein and Lindell and why, when and how to ride bridleless and more.

Participants will also experience TTouch and the Promise Wraps for themselves and Linda will share the importance of heart coherence and breath work in achieving internal balance and as a result, a closer partnership with horses in and out of the saddle.

What Will You Take Away?

Susan Gibson, publisher of Trail Blazer Magazine, reported that she left Linda's training with the "ability to see her horse with new eyes."

Cristiane Pravaz from Quebec wrote after attending a Tellington Training in Hawaii: "I tried the Balance Rein with Comrade today for the first time, and I received my first half walk and a lighter trot than ever before, and when we were finished with the session, Comrade moved his head near mine and with his lips, he touched my nose and just turned like you would do to somebody to let her know that you like her and the way she rode this afternoon!!!"

Our hope and the purpose of this training is that participants will take home a different awareness of themselves and many, many new ways to assist their horses.

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Caroline Larrouilh
Principal, ProudHorse Connections

More to come, please scroll down!

